

PLEASE SEND APPLICATION AND PAYMENT TO:

Signature \_\_\_\_\_ Relationship/Date \_\_\_\_\_

I hereby authorize the staff of First City Baseball to act for me, according to their best judgment in any medical emergency and I waive and release First City Baseball and Flagler College from any and all liability or illness incurred while attending camp.

Insurance Name \_\_\_\_\_ Policy Number \_\_\_\_\_

Please complete the following:

Because of rising insurance costs and our efforts to keep fees reasonable, all students must cover themselves for any injury or sickness incurred while attending the camp.

**IMPORTANT MEDICAL INFORMATION**

T-shirt size (please circle one) Adult - S, M, L

- June 16-20, \$125, Little League Day Camp (Session I)
  - July 7-11, \$125, Little League Day Camp (Session II)
  - Elite "40" Advanced Skills Camp, June 29 - July 2
- Check the appropriate box for the camp(s) you wish to attend:

Address: \_\_\_\_\_ Email: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Telephone Number: \_\_\_\_\_

**APPLICATION FOR ENROLLMENT**

**EDUCATIONAL PROGRAM**

Each day from 9:00 - 9:10am, we will discuss with our campers, the importance of being a "good person"

The "theme" for each day will feature the following character development traits:

**Monday**

Responsibility

**Tuesday**

Respect

(of oneself, family, others)

**Wednesday**

Being Accountable

(not making excuses and being trustworthy)

**Thursday**

Importance of Education

**Friday**

Decision Making

(peer pressure)

*"Player Development begins with Proper Training"*

**DAVE BARNETT'S FIRST CITY BASEBALL CAMPS 2008**



*at Flagler Stadium*

**LITTLE LEAGUE DEVELOPMENTAL DAY CAMP**

AGES 5-12

SESSION I • JUNE 16 - 20  
SESSION II • JULY 7-11  
9am - 12pm

Elite "40" Advanced Skills Camp  
June 29 - July 2  
see inside for details

## GENERAL INFORMATION

The goal of the First City Baseball Camp is to provide the highest quality instruction and experience possible in the game of baseball. We accomplish this through the use of one of the best baseball facilities in the nation and the most qualified camp personnel available. We strive to ensure that each young person who attends a First City Baseball Camp leaves with a greater knowledge of the game.

## WHAT TO BRING TO CAMP

Each camper should bring some form of baseball footwear along with their own bat and glove.

\*Each camper will receive a free "First City Baseball Camp" T-shirt for participating.

## DIRECTIONS

### DIRECTIONS TO FLAGLER STADIUM

**From U.S.1-N:** Take right on SR 207 and left on Old Dixie Highway. Stadium is approximately 3/4 mile on the right.

**From I-95:** Take SR 207 Exit East to SR 312. Go to second traffic light (Old Moultrie Road) take a left. Stadium is approximately 1/2 mile on left.

## CAMP GOALS

**ELIMINATE FRUSTRATION** - Baseball is a frustrating sport - a .300 hitter fails 7 out of 10 times at bat - yet is considered successful. Our goal is to focus on the basic fundamentals with each camper and teach the proper way to achieve success.

**ENHANCE SELF-IMAGE** - Not everyone is blessed with great speed, a strong throwing arm, or a super ability to hit. We will point out the strong areas of your child's abilities and stress the positives that will make them more successful.

**INSTALL WORK ETHICS** - We will discuss with the campers, the importance of hard work and constant practice to be successful in baseball. The ability to practice and play the correct way will pay dividends for their future success.

FOR ADDITIONAL INFO CALL

(904) 797-6432 / (904) 819-6253

## LITTLE LEAGUE DAY CAMP

Cost: \$125 Time: 9 a.m.-12:00 noon Ages: 5-12

Offered:  
June 16 - 20 (Session I)  
July 7 - 11 (Session II)

This camp teaches all the fundamentals of the game: hitting, pitching, catching, fielding and base running. It also introduces youngsters to team play.

## TOPICS OF INSTRUCTION

### MONDAY

- Responsibility
- Throwing and Catching Fundamentals
- Introduction to Hitting Mechanics
- Simulated Games

### TUESDAY

- Respect
- Baserunning
- Pitching and Catching Fundamentals
- Simulated Games

### WEDNESDAY

- Being Accountable
- Infield/Outfield Fundamentals
- Game Situations
- Bunting and Hitting
- Sliding (Bring swimsuit!)

### THURSDAY

- Importance of Education
- Hitting Analysis
- Breakdown of each Position
- Simulated Games

### FRIDAY

- Decision Making
- Review Fundamentals
- Baserunning, Throwing, and Hitting
- Contests (Grouped by Age)
- Simulated Games

## GAME SITUATIONS

Camper will be grouped by age to participate in simulated games each day. Campers will learn how to "think" in game situations.

## CONCESSION

Cold Drinks and Snacks will be sold at our Concession Stand throughout the camp.

## CAMP DIRECTOR



### DAVE BARNETT

Coch Barnett just completed his 21st season as head baseball coach of the Flagler College Saints. He has over 650 career wins and fifteen of his former players have signed contracts with major league organizations. Coach Barnett played in the 1978 College World Series with the University of North Carolina Tarheels. He spent two seasons as a player in the Montreal Expos organization and in 2002 and 2003 he was the manager for Montreal's Class A franchise in Burlington, Vermont of the NY-Penn League. Coach Barnett received his B.A. degree from Flagler College and his M.A. degree from the University of Iowa. He and his staff are dedicated in teaching the fundamentals of the game.



## Elite "40"

### Advanced Skills Baseball Camp

Ages 10 - 12

June 29 - July 2

Cost: \$125.00

*Elite Camp is limited to first "40" players only! No exceptions. Players in this age group must have previous playing experience with better than average skills. 4 teams of 10 players will be divided up for competitive team play.*

For more information log onto:

flaglerathletics.com - click on camps